

Journeying through Lent 2017



Lent 2017 Programme

Shrove Tuesday Pancake Lunch – 28th February

Please join us for lunch at 12.00pm for 12.30pm. Tickets are £7.50 per head, available from members of the Community Committee and the Cathedral Office.

Ash Wednesday – 1st March

Start the season of Lent with a reflective service, including the traditional ashing, as we embrace Christ's way of humility and express our desire for God's grace and new life. Services are at:

7.30am	(followed by breakfast at FoodWorks)	Said Holy Communion
10.15am		Said Holy Communion
7.00pm		Choral Eucharist

The Lent Course

Canon Mandy explores the different styles of Psalms from 11.45am to 12.30pm on three Sundays after our main service:

5 th March	Unlocking the Psalms; symbolism, poetry and rumours of heaven
19 th March	Psalms of Lament & Protest; abandonment and glimmers of hope
9 th April	Psalms of Praise and Worship; a journey to the holy of holies

Lent Evening Group

Five Mondays in Lent beginning 6th March from 7.30pm to 9.00pm.

Stories, Prayers, Bible study, Information and Action, based on material from Embrace, a Middle East Christian mission. Led by Sarah Maybury.

Book

This year the Archbishop's Lent Book is written by Archbishop Justin and is called Dethroning Mammon. We can get you a copy for £9.99 – please speak to the Cathedral Office. The Dean will be running a discussion about the book on **Tuesday 4th April at 7.30pm.**

Breakfast in Lent

Wednesdays - at Kala Sangam's FoodWorks following the 7.30am quiet and reflective Holy Communion service.

Sunday 5th March at 8.45am - in the Cathedral as we celebrate the beginning of Fairtrade Fortnight.

Confirmation and Communion before Confirmation on Easter Eve

Preparation for both of these is available but please speak to the Clergy quickly if you are interested.

Holy Week begins on Palm Sunday 9th April

This year we will be led by the Bishop of Ripon, the Rt Revd James Bell. A full programme will be released shortly but please make this week special. Use it as a retreat or pilgrimage. It is a wonderful opportunity.